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NEWFOUNDLAND AND LABRADOR VOLLEYBALL ASSOCIATION
Tournament Location 2009-2010 Season

Championship Request	Tournament	Male	Female	Tournament Date	Age Group
NLVA	VolleyFest 2009	X	X	Oct 30-Oct 31, 2009	High School, Junior High
NLVA	VolleyWest 2009	X	X	Oct 2-3, 2009	High School, Junior High
NLVA	Volley Central 2009	X	X	Nov 6-7, 2009	High School, Junior High
Dave Jewer Grand Falls-Windsor	15 & Under Junior High Regional West		X	November 20-21 2009	Born in 95 or later
Jason Lane Clarenville	15 & Under Junior High Regional East		X	November 20-21, 2009	Born in 95 or later
Deon Goulding Gander	15 & Under Junior High Regional West	X		November 20-21, 2009	Born in 95 or later
Randy Manning Clarenville	15 & Under Junior High Regional East	X		November 20-21, 2009	Born in 95 or later
Finton Gaudette Corner Brook	14 & Under Bantam Regional West		X	December 4-5, 2009	Born in 96 or later
Keith Randell Clarenville	14 & Under Bantam Regional East		X	December 4-5, 2009	Born in 96 or later
Dean Catling Lewisporte	14 & Under Bantam Regional Central		X	December 4-5, 2009	Born in 96 or later
OPEN	14 & Under Bantam Regional West	X		<u>December 4-5, 2009</u>	Born in 96 or later
OPEN	14 & Under Bantam Regional East	X		<u>December 4-5, 2009</u>	Born in 96 or later
NLVA	NL Winter Games Playdowns 16 & Under (M & F)	X	X	<u>December 11-12, 2009</u>	Born in 94 or later
Mike Butler CBS	15 & Under Junior High	X		<u>February 5-6, 2010</u>	Born in 95 or later
Dave Jewer/ Dean Catling - GFW	15 & Under Junior High		X	<u>February 5-6, 2010</u>	Born in 95 or later
Randy Manning Clarenville	16 & under Midget (Tiered)	X		<u>February 12-13, 2010</u>	Born in 94 or later
Chad Richards/Dave Jewer – GFW	17 & Under Midget + 1		X	<u>February 12-13, 2010</u>	Born in 93 or later
Randy Manning Clarenville	17 & Under Midget + 1	X		<u>February 19-20, 2010</u>	Born in 93 or later
George Dolomount Corner Brook	16 & Under Midget (Tiered)		X	February 19-20, 2010	Born in 94 or later
NLVA NL Sports Center	18 & Under Juvenile A	X		<u>February 26-27, 2010</u>	Born in 92 or later
NLVA NL Sports Center	18 & Under Juvenile B	X		<u>February 26-27, 2010</u>	Born in 92 or later
NLVA NL Sports Center	18 & Under Juvenile A		X	<u>February 26-27, 2010</u>	Born in 92 or later
NLVA NL Sports Center	18 & Under Juvenile B		X	<u>February 26-27, 2010</u>	Born in 92 or later
NLVA NL Sports Center	18 & Under Juvenile C		X	February 26-27, 2010	Born in 92 or later
NLVA Gander & Area	19 & Over Bud Light Senior Championships	X	X	March 12-13, 2010	Senior
NLVA	2010 NL Winter Games (M/F)	X	X	March 20-23, 2010	Born in 95 or later
Keith Randell Clarenville	13 & Under Pre- Bantam East		X	March 19-20, 2010	Born in 97 or later
Keith Randell Clarenville	13 & Under Pre- Bantam East	X		<u>March 19-20, 2010</u>	Born in 97 or later
Ambrose Petterson Greenwood Academy	13 & Under Pre- Bantam Central		X	March 19-20, 2010	Born in 97 or later
OPEN	13 & Under Pre- Bantam West		X	March 19-20, 2010	Born in 97 or later
OPEN	13 & Under Pre- Bantam West	X		March 19-20, 2010	Born in 97 or later
NLVA NL Sports Centre	14 & Under Male & Female Invitational Tournament	X	X	March 26-27, 2010	Born in 96 or later

Championship Request	Tournament	Male	Female	Tournament Date	Age Group
I.Finton Gaudette Corner Brook	14 & Under Bantam Provincials		X	April 16-17, 2010	Born in 96 or later
I.Keith Randell Clarenville	14 & Under Bantam Provincials	X		<u>April 16-17, 2010</u>	Born in 96 or later

DEADLINES 2009-2010 Season:

VolleyWest:September 25th, 2009
VolleyCentral: October 9th, 2009
VolleyFest:October 19, 2009
Regional Bantams: November 27th, 2009
Regional Junior High: November 13th, 2009
Pre Bantam:March 29th, 2010
All other NLVA Provincial Championships: January 22nd, 2010
(14U/ 15U/ 16U/ 17U/ 18U A-B-C, Senior A-B-C)

Other High School Tournaments for 2009 & 2010:

Subway Classic (Male):October 16th & 17th, 2009
Subway Classic (Female):October 23rd & 24th, 2009

PLEASE ADDRESS ALL CORRESPONDENCE TO:

NLVA
P. O. Box 21248
St. John's, NL
A1A 5B2

1.0 REGISTRATION OBJECTIVES

The primary objective for registration of volleyball players in Canada and/or Newfoundland is to:

- 1.1 Identify the volleyball population.
- 1.2 Provide a financial base through registration fees for the Regional and National Associations.

2.0 DEFINITIONS

2.1 Team:

- 2.1.1 A team must have a minimum of 8 players registered and present in uniform for NLVA/VC championships in all Senior, Junior, Juvenile A events.
- 2.1.2 For Pre-Bantam, Bantam, Junior High, Midget, Midget + 1, Juvenile B & C all teams must carry a minimum of 9 players.
- 2.1.3 All players on a Juvenile A, Midget +1, or Midget team must have a common base (Club) i.e. within the same region as defined in this registration book.
- 2.1.3 All players on a Pre- Bantam, Bantam, Junior High, Juvenile B & C, NL and Lab Winter Games must be school based. (i.e. from the same school or feeder school)
- 2.1.4 Teams playing in Pre-Bantam, Bantam events will be permitted to carry and play 20 players.
- 2.1.5 Teams playing in Junior High, Midget, Midget + 1, Juvenile A, B, C will be permitted to carry 15 players to a championship but only dress 12 players for each match. These players may change from match to match.
- 2.1.6 Teams are permitted only to play any age groups higher then their appropriate age with approval from the NLVA.

2.2 Club:

- 2.2.1 Grouping of teams at different levels or categories.
- 2.2.2 Players within a club must have a common base for minor. Senior and Junior Teams do not have to have a common base.

2.3 School Based

- 2.3.1 All players on a Pre- Bantam, Bantam, Junior High, Juvenile B & C, NL and Lab Winter Games must be school based. (i.e. from the same school or feeder school)

2.4 Player:

- 2.4.1 Any person playing volleyball who registers with a team.

2.5 Coach:

- 2.5.1 Any person listed on team registration as a coach and any person certified as a coach through the NLVA/VC

2.6 Official:

2.6.1 Any person certified as an official through the NLVA/VC

2.7 Administrator:

2.7.1 Any person listed as manager, executive chairperson or any other administrative position for a team, club, or league sanctioned by the NLVA/VC.

2.8 Tournament fees:

Tournament	Registration Fee	Caution Deposit	Total
Senior A – B – C	\$350	NO	\$350
Co-Ed Provincial	TBA	TBA	TBA
Co-Ed Invitational	TBA	TBA	TBA
Minor Provincial	\$200	NO	\$200
Pre-Bantam	\$135	NO	\$135

2.8.1 \$10.00 of each registration fee will be donated to NLVA scholarship fund.

2.9 Late Registration Fee:

2.9.1 Any team missing the registration deadline of postmarked January 22nd, 2009, for Provincial Championships, can still register their team by paying a late fee of \$150.00 per team plus the usual registration fees. The registration form along with all fees must be **received** at the NLVA office no later than 5 days after the published deadline. All other registration deadlines are final.

3.0 FAIR PLAY RULE, LIBERO RULE AND SUBSTITUTION RULES**3.1 Fair Play Rule**

3.1.1 Applied to Pre-Bantam, Bantam, Junior High, Midget, Juvenile B and C, and NL Winter Games championships. Although small schools can apply to the NLVA for an 8 player fair play exemption.

3.1.1.1 A team must have a minimum of nine (9) players to play in the match.

3.1.1.2 A coach must “save” a minimum of three (3) players who do not play in the 1st set. In other words, at the end of the 1st set, a coach must have at least 3 players who in no way played in the 1st set

3.1.1.3 In the 2nd set, **there must always be at least three (3) players on the court who did not play in the 1st set.** This applies to all athletes **including** the Libero. Any combination of players who played and did not play in the 1st set may start or be substituted into the 2nd set provided that

there are always at least 3 players on the court who did not play in the 1st set.

3.1.1.4 In the 3rd set, the coach can use whichever players s/he wants.

3.1.1.5 A team is allowed 12 substitutions per set.

3.1.1.5.1 There is no limit to the number of times a player may leave or re-enter the set as long as the maximum number of 12 substitutions is adhered to and as long as they leave or re-enter for the same player.

3.1.1.5.2 Once you have a designated partner that is the only player for whom you may leave or re-enter that set. (This may change between sets.)

3.2 Libero

3.2.1 The libero player can be used in all NLVA levels except 13 & 14 and under. Jr. High (15 and over) is eligible to use the Libero.

3.3 Substitution Rule

3.3.1 All minor NLVA teams will be allowed 12 substitutions per set. All senior events will be allowed 6 substitutions per set.

3.3.2 Please be aware that all Volleyball Canada Championships will use the 6 substitution Rule. Please see Volleyball Canada Rule Book for further details.

3.4 The Libero Equipment and Playing Actions

3.4.1 The libero player can be used only at the specified levels of ball.

3.4.2 The libero player is a backcourt specialist only and is **not** permitted to play in the front court positions. If s/he mistakenly rotates to a frontcourt position, then this is a positional fault and will result in loss of rally.

3.4.3 The libero player must wear a **numbered** uniform which is to be of an easily distinguishable different colour from the rest of the team.

3.4.4 Only one libero player can be designated for a set. The libero player **may** be changed from set to set. If the coach decides to re-designate the libero between sets:

3.4.4.1 The new libero must be a player registered on the score sheet.

3.4.4.2 Any re-designated libero must comply with the uniform rule. The number of the uniform for the re-designated libero must be the same as that registered on the score sheet.

3.4.5 The replaced libero can act as a regular player providing s/he has the correct uniform.

- 3.4.6 The libero player is not allowed to complete an attack hit from anywhere (including the court and the free zone), if at the moment of contact, the ball is entirely higher than the top of the net
- 3.4.7 The libero player is not allowed to attempt to block. This is a blocking fault, **even when s/he does not complete the block**, ie. does not touch the ball.
- 3.4.8 The libero is not allowed to serve.
- 3.4.9 A player may not complete an attack hit from higher than the top of the net, if the ball is coming from an overhand finger pass by a libero **in the front zone**. The ball may be freely attacked if the libero makes the same action from behind the front zone.
Comment: The fault is the completion of the attack, not the pass itself. If such a fault occurs, the whistle is blown at the moment of the completion of the attack, an attack hit fault is signaled, and then indicate towards the libero player. Any underhand pass from a libero may be freely attacked.

3.5 Replacement of Players

- 3.5.1 Replacements involving the libero are not counted as regular substitutions. They are unlimited, but there must be a rally between two libero replacements. The libero can only be replaced by the player whom s/he had replaced.
- 3.5.2 Replacements can only take place:
- 3.5.2.1 At the start of each set **after** the second referee has checked the starting line-up.
 - 3.5.2.2 While the ball is out of play before the whistle for service
- 3.5.3 A libero and the replacing player may only enter or leave the court by the sideline in front of the team bench between the attack line and the end line.

3.6 Re-designation of a New Libero

- 1.) In the case of injury to the designated libero, and with the prior approval of the first referee, the coach may re-designate as a new libero one of the players not on the court at the moment of the re-designation. The injured libero may not re-enter to play for the remainder of the set.

4.0 Team Penalties

The NLVA will no longer be accepting caution deposits. If any team is deemed to have acted inappropriately at an NLVA event (i.e.: not showing up for all matches, harassing officials, not in proper uniforms or attire, any other activity that the NLVA may deem inappropriate) the NLVA will fine the team contact/ head coach \$100. The team will have 14 days to make payment to the NLVA after being notified of the infraction. After 7 days the NLVA will suspend all athletes and coaches on the team's roster from all NLVA activities until the fine is paid in full.

5.0 UNIFORMS

The uniform rule will be STRICTLY enforced at all NLVA championships.

- 5.1 Senior, Junior
Tops must be of matching colour and design. Shorts must be of matching colour. Uniforms must be properly numbered. Libero player must wear a different coloured numbered uniform then the rest of the team. (As per VC Rules)
- 5.2 Juvenile, Midget + 1 and Midget and Newfoundland & Labrador Games
Tops must be of matching colour and design. Shorts must be of matching colour. Uniforms must be properly numbered.
- 5.3 Masters, Regional Opens, Co-Ed, Bantam, Junior High and Pre Bantam
Tops must be of matching colour and design. Uniforms must be properly numbered. (As per VC Rules)

Note: Teams or players will not be permitted to play if not properly dressed as per uniform rule. (See Volleyball Canada Rules)

6.0 NLVA REGISTRATION PROCEDURES

- 6.1 Complete Volleyball Canada/NLVA Registration Forms online for each team to be registered. **No online forms will be accepted unless all information is completed.**
- 6.2 All online registrations for provincial championships must be received by January 22, 2009. Online payments must also be made before January 22, 2009. All cheques/Money orders must be postmarked by January 22, 2009. For other events please see information above for deadlines.
- 6.3 All teams competing in NLVA Provincial Championships that lead to a National Championship (Bantam, Junior High, Midget, Juvenile A) must pay Volleyball Canada fees of \$20 per athlete and coach. All coaches and athletes must also be registered online with the NLVA on or before January 22, 2009. Payments must also be made on or before the January 22, 2009 deadline.
 - 6.3.1 All Volleyball Canada fees are collected by the NLVA and sent directly to Volleyball Canada.
 - 6.3.2 Once an athlete/coach/official is registered it is universal for all events.
- 6.4 Any team which withdraws from a tournament prior to 3 weeks of the scheduled tournament will be refunded all tournament fees, minus \$100.00 administration fee. Teams withdrawing within 3 weeks will forfeit all fees.

- 6.5 A player may play for more than one team, provided that the teams on which he/she are playing are registered as a CLUB.
- 6.6 Players must be 18 turning 19 during the year of Senior Championships to be eligible to participate. Any athlete that does not meet these requirements **MUST** have approval of the NLVA before registering for/participating in all Senior Events.
- 6.7 A team registered to compete in more than one tournament (ie. a midget team playing juvenile) will pay \$200.00 for each tournament. All fees must be paid by January 23, 2009.
- 6.8 The NLVA has the right to classify any team as it deems appropriate. (ie. A, B, or C)
- 6.9 Any senior team who does not have 8 players for the senior championships must submit in writing to the Association reasons for not having the 8 player minimum. To make additions to teams please submit in writing who will be removed from their registration form and who they are requesting to add to their registration. All player additions will be charged a \$10.00 administration fee.

8.0 ELIGIBILITY

- 8.1 Any suspension by the School Sports Newfoundland and Labrador in the sport of volleyball will be honoured by the NLVA for both athletes and coaches.
- 8.2 Any CIS player must participate in the Sr. A Provincial Championships. Men's teams will be limited to a maximum of 2 CIS players. Women's teams will be permitted 4 CIS players. Canada Games/NLVA Provincial Team's may be permitted any number of CIS players.
- 8.2.1 MUN Junior Teams (Male and Female) will be permitted to participate with a team comprised of 8 MUN players provided that the athletes are in their 1st or 2nd year of eligibility. The team is only permitted to enter the A division.
- 8.2.2 MUN players are designated as athletes who have played at least 1 point in AUS/CIS competition.
- 8.3 All teams participating in Bantam, Jr. High, and Midget Provincial championships are eligible to compete at National Championships. Only teams participating in Juvenile A are eligible for the Juvenile National Championship.
- 8.4 The Volleyball Canada Code of Conduct clearly states in the rule book strict sanctions for coaches who use ineligible players. Please ensure your players are eligible.
IGNORANCE of the rules will not be considered an excuse.

9.0 NET HEIGHT: NLVA RECOGNIZES

Juvenile to Senior	2.24(w)	2.43(m)
Midget & Junior High	2.15(w)	2.35(m)
Bantam/Pre Bantam	2.10(w)	2.20(m)
Winter Games	2.15(w)	2.35(m)

10.0 COACHING NOTICE – Strictly Enforced

All coaches (minor events only) who have previously coached at NLVA sanctioned events must have their Level 1 Technical Volleyball course completed before participating in the NLVA Provincial Championships for the 2009 - 2010 season. All new coaches who have not participated in NLVA events before must obtain their Level 1 prior to the 2009 - 2010 season. Coaching cards must be shown on site to the head official.

11.0 NLVA REGIONAL TOURNAMENT LOCATIONS

West: Encompasses Baie Verte and all communities west, as well as Northern Peninsula to Port-Aux-Basques inclusive.

Central: Includes Springdale and all communities East to and including Eastport.

Eastern/Avalon: Bonavista and all communities East to and including St. John’s.

11.0 NLVA REGIONS

St. John’s/North

St. John’s north to Cape St. Francis, Bell Island, Torbay, Portugal Cove-St. Philips. Also includes Petty Harbour-Maddox Cove, Kilbride, Southland and Goulds.

Mount Pearl/South

Mount Pearl, Paradise, and all communities on the Southern Shore southwest of Goulds from Bay Bulls to Trepassey inclusive.

Avalon

Generally, all communities on the Avalon Peninsula and Isthmus of Avalon which are not included in the St. John’s/North and Mount Pearl/South regions, up to and including Arnold’s Cove. This includes Conception Bay South to Holyrood; the Conception Bay north shore (Conception Harbour to Grates Cove); the Trinity shore (Old Perlican to Blaketown) and up to Arnold’s Cove; the areas surrounding Long Harbour, Whitbourne, and Placentia; the Cape Shore and St. Mary’s Bay up to but excluding Trepassey.

Eastern

Northwest but exclusive of Arnold’s Cove including the Bonavista Peninsula, the Burin Peninsula, west to Pool’s Cove inclusive; Clarenville and northeast to Gambo but not including Gambo.

Central

Gambo to Hampden, north to Notre Dame Bay and south to the south coast. This includes Bonavista North (Hare Bay, Wesleyville, Musgrave Harbour, Gander Bay); Gander; Fogo Island; Twillingate, Lewisporte; Botwood; Bishop's Falls; Grand Falls - Windsor south to Harbour Breton; west of Harbour Breton to François inclusive; east of Harbour Breton to (but exclusive of) Pool's Cove; Springdale and the Baie Verte Peninsula south to Hampden.

Western

West of Hampden, including the Northern Peninsula, and all communities west of François.

Labrador

All of Labrador

