



## NLVA Volleyball Senior League Policies and Procedures

### Important Dates:

League Meeting September 10, 2009 @ 7:00pm (NL Sports Centre – Swilers Club)

September 18, 2009 – League Registration and Payment is due.

September 25, 2009 – League Schedule will be available for entire year.

September 28, 2009 – Start of the 2009-2010 League Season

### Match Protocol

Match start time will be 6:00pm/ 6:50pm/ 7:40pm/ 8:30pm/ 9:20pm/ 10:10pm

Courts can proceed at their own speed. Matches may start ahead of scheduled time if both teams are ready to play. **However no game will be defaulted before the scheduled start time.**

- There will be 1 rated official as 1<sup>st</sup> referee. He/she will be responsible for keeping score, recording score, and submitting scores.
- Each team captain will be required to sign the score sheets before they are submitted. If a captain fails to sign the sheet they will forfeit any right to dispute the submitted score.

### Team Warm-Up Ball

The NLVA will not be providing volleyballs or racks for the 2009-2010 League warm-ups. The NLVA will be providing a game ball per court.

ALL NLVA & VC RULES APPLY.

### Scheduling:

The schedule will be released September 25 and it will have the schedule for the entire year. This schedule will be e-mailed team representatives. The schedule will also be available on the NLVA website in late September. The schedule will not be changed for entire season.

The 2009-2010 NLVA League will be starting on Monday September 28, 2009.

### Players

All players must be in good standing with the NLVA.

All players must have numbered uniforms, with the exception of the libero. The libero can wear any shirt. Any player not wearing a numbered uniform will not be permitted on the court (**It is mandatory to have numbered uniforms by the 1<sup>st</sup> match**). Uniforms do not have to match, it is just required that they have a visible number on the back of the shirt.

### **Roster Regulations:**

Rosters will be a maximum of 15 players and a minimum of 8

There will be a limit of two varsity (MUN) players registered on any given team.

Rosters that have players added/ removed are subject to a \$10 fee per move. (\$10 to drop, \$10 to add). If a player wishes to change teams, there will be a total fee of \$20.

Players who are registered on a team's roster can play at any given time. There is no number of matches that a player must play in the regular season, in order to play in the playoffs.

As of January 15, 2010 all rosters will be frozen and no additions can be made.

(In special circumstances requests can be submitted to the NLVA League Committee for additions due to injury, moving, etc. Only if a roster drops below 6 athletes)

If a team requires the addition of a player after the deadline due to injuries, commitments, etc. they must declare those players who are unable to attend ineligible. They will be then removed from the roster and unable to compete for the remainder of the year

(Rosters will be then be at 6 players).

It is advised to teams that they roster enough athletes to ensure that they will not require members being dropped from their roster.

### **Each team will have to appoint a 2 team contacts.**

- All issues must be communicated to the NLVA through the team contacts. No other team members are permitted to contact NLVA staff for issues pertaining to the league.

Please address Noel Lilly @ [noel.lilly@nf.sympatico.ca](mailto:noel.lilly@nf.sympatico.ca) then

cc Russ Jackson & [nlvaruss@sportnl.ca](mailto:nlvaruss@sportnl.ca) and Eric Hiscock @ [ehiscock@nf.sympatico.ca](mailto:ehiscock@nf.sympatico.ca)

- All concerns must be e-mailed and written in a professional matter.
- All injuries must be reported to the NLVA immediately as reports have to be submitted for insurance purposes.
- The information that is given to team contacts will also be posted on the sport.ca site.

### **Fees:**

Registration fees will be due in full **AT THE TIME OF REGISTRATION**. No team's registration will be complete until payment in full is received. There will be no holding positions in the league, only teams who have registered fully, and paid in full will be considered as "Registered".

All payments can be made **online with Visa/MasterCard/American Express/ Debit Card**, as well a cheque or cash can be submitted to the NLVA office.

Any team that has a sponsor cheque issued can have it issued to the NLVA and the NLVA will reimburse the team for the amount of the sponsor cheque.

Priority will be given to existing teams from the 2008-2009 season. New teams will be accepted on a first come first registered basis depending on the number of teams that the NLVA can accommodate.

**The Registration Deadline will be September 18, 2009 @ 4:00pm.**

**All teams must be registered and paid in full to be considered registered.**

**Team registrations will be based per team.**

There will be a fee of **\$1000 per team.**

- There will be fees associated with roster changes:
  - There will be a fee of \$10 to drop a player from your roster.
  - There will be a fee of \$10 to add a player to your roster
  - As of January 15, 2010 all rosters will be frozen and no additions can be made.

### **League Registration Format**

Male:

Teams will register for the Male division and then the Men's side will tier throughout the season.

Female:

Teams will register for Female Division A/ Division B/ Division C

Each division will tier throughout the season. There will be no movement between divisions.

The NLVA reserves the right to move teams if necessary.

### **Practice Times & Cost:**

Teams entered in the NLVA League will have a reduced rate for facility practice times at the NL Sports Centre (If times are available – please contact Rod Snow at [rodsnow@gov.nl.ca](mailto:rodsnow@gov.nl.ca) or 729-6580.

- Rental Rates: \$27 per hour 1 court (1/4 of gym)  
\$40 per hour 3 courts (1/2 of the gym)  
**\*subject to change with Powerplex rates\***

### **Defaults & Fines:**

Each team will have a 10min warm-up. After warm-up if a team does not have 6 roster athletes ready Volleyball Canada rules for defaults will apply. (The first set is defaulted immediately. After 15 minutes if a 6<sup>th</sup> athlete is not present the match is defaulted.)

Penalties for defaulting matches are as follows:

- 1 Match- \$100
- 2 Matches-\$200 and loss of 4 points
- 3 Matches- Suspension from league until Executive makes a decision on the issue.
- Any teams found playing with non-rostered athletes with are fined \$100 per occurrence.
- All fines must be paid by the following Thursday in full or the team will be removed from the schedule for the following Monday. Money will not be accepted at league night
- Teams will be able to appeal the default fine with a written letter before following Wednesday.

### **Courts**

All courts are clearly visible and adhere to Volleyball Canada and FIVB regulations. Between courts there are barriers preventing players from crossing into other courts. These barriers are there for the safety of players, thus, play will be called down if there is any contact with the barrier, as well if a player plays a ball beyond the barrier. If a ball is played by “reaching” over the barrier, and no contact is made before, during or after the contact, and the player remains in their own court space, this will be allowed.

### **Officials Duties**

Collect the lineup cards from the team captains/coach

There will be modified flip charts that will attach to the referee stand. Officials will be required to keep the score during a match.

Fill out the modified score sheet, have the team captains or coaches sign the sheet, and then submit it to the league coordinator

All officials will be responsible for set-up and take down of their court. If you are officiating the 1<sup>st</sup> match of the day, you will be required to set up the net. You will also be required to make any changes to net height or any other adjustments after or before a match. After the last match, you will be required to take down your net system.

The league will not be responsible for anything lost or stolen during league play. As well, anyone caught stealing balls from another team will be removed from the league for the remainder of the season as well will be subject to a further suspension.

All injuries must be reported to the NLVA immediately as reports have to be submitted for insurance purposes.

**NL Sport Centre Rules:**

All athletes/ officials/ spectators/ etc must have indoor footwear for use in the NL Sports Centre. No food or drink with the exception of water is permitted inside the Sports Centre. Individuals/ teams not adhering to these rules may be asked to leave by the Sports Centre Staff.

**Questions or Concerns:**

Please contact Noel Lilly @ [noel.lilly@nf.sympatico.ca](mailto:noel.lilly@nf.sympatico.ca) then cc Russ Jackson & [nlvaruss@sportnl.ca](mailto:nlvaruss@sportnl.ca) and Eric Hiscock @ [ehiscock@nf.sympatico.ca](mailto:ehiscock@nf.sympatico.ca)

