



NLVA/MAX After School Junior High Volleyball League (2011-2012)

This year the NLVA will be offering an after school league to students from grades 7 to 9.

The League will operate out of the New NL Sports Centre that houses 6 courts on Monday afternoons from 3:45pm-6:00pm.

Team registration must be completed online via our online registration form. Teams will be able to register on a first come first serve basis. There will be 6 divisions offered as outlined below. The numbers will be limited.

Grade 9 Female: 10 Teams

Grade 8 & 7 Female*: 12 Teams

Grade 9 Male: 5 Teams

Grade 8 & 7 Male*: 5 Teams

- Please note that for the first half of the season the NLVA will be introducing “Triple Ball” in the Grade 7 & 8 Male and Female Divisions. The link posted below gives a detailed explanation of “Triple Ball”
- This will help teams at the beginning of the season to become more game oriented and to have athletes receive more contacts and game play.
- <http://www.youtube.com/watch?v=8RZAHD1gRUE>

Schedules for the entire season will be available on Oct 7th.

Roster Regulations:

Players must be from the same school or feeder school.

Rosters will be a maximum of 15 players and a minimum of 8.

The NLVA will use the fair play rule with 8 athletes.

All teams must register in accordance with the oldest player on the team (by grade).

(Eg. If your roster has 12 grade 7's and 2 grade 8's, you cannot register in the grade 7 league.)

If any team wishes to register in a division above their grade (eg. Grade 7 team in a grade 8 division), they must submit a letter to the NLVA supporting this decision.

The NLVA reserves the right to move teams up or down divisions at any time.

Fees:

Registration fees will be due at the following dates: No cash will be accepted. It must be submitted online or via cheque.

League Online registration Deadline October 3, 2011.

League registration payment deadline October 21, 2011.

Team registrations fees are \$350.00 + HST = \$395.50

Any team with outstanding fees to the league will not be permitted to register for **any** NLVA events. Individual players can pay their portion of outstanding fees to be eligible.

All players must have numbered uniforms. Any player not wearing a numbered uniform will not be permitted on the court. **(It is mandatory to have numbered uniforms by the 1st match)**

Match Protocol:

Matches will follow Volleyball Canada Rules and regulations.

All teams will play 3 sets. The first and second set to 25 and the third set to 15. All games must be won by 2 points with no cap.

No teams are permitted on the court before their 10-minute warm up begins.

There will be 1 rated official as 1st referee. He/she will be responsible for keeping score, recording score, and submitting scores.

Each COACH will be required to sign the score cards before they are submitted. If a coach fails to sign the sheet they will forfeit any right to dispute the submitted score.

ALL NLVA & VC RULES APPLY.

Defaults:

Penalties for defaulting matches are as follows:

1 Match- Loss of 2 points

2 Matches- Loss of 4 points

3 Matches- Removal from schedule. The school must provide a written letter with an explanation for the defaulted matches in order for the team to be eligible to compete again.

Each team will have to appoint a team contact. All issues must be communicated to the NLVA through the team contacts. Meetings will be scheduled as needed to discuss issues pertaining to the league.

The league will not be responsible for anything lost or stolen during league play.

All injuries must be reported to the NLVA immediately as reports have to be submitted for insurance purposes.

NLVA Team Removal Policy:

The NLVA reserves the right to remove a team from the league for reasons it deems necessary. Teams will be reimbursed league fees minus the number of matches completed.
(Example: A team has players not respecting officials)

Key Dates:

League Registration Deadline:	Monday October 3, 2010
League Begins:	Monday October 17, 2010
League Payment Due:	Friday October 21, 2010

Teams will not be required to score keep or setup.

Warm up Balls will not be provided this year at the NLVA JH/SH League.

Any questions or concerns contact:

Russ Jackson
Executive Director
Phone: 576-0817
Email: nlvaruss@sportnl.ca